

Mind Body Education



Holistic Counselling Clinical Practice

&

Case Studies Exam

This module is unit three and four in the Masters in Holistic Counselling

Students Notes



Course Details:

Pre-requisite: Certificate in Meditation Teaching and Holistic Human Development and Postgraduate Certificate in Holistic Counselling Skills

Clinical Practice

Full course = 60 hours

1 Unit over 10 weeks duration.

Delivery mode: Online or On-campus/face-to-face (including Zoom classroom).

Case Studies Exam

1 Unit = 10 hours

1 Unit over 2 weeks duration.

Delivery mode: Online or On-campus/face-to-face (including Zoom classroom).

Resources you will receive for this course:

1. Students notes
2. Submission form template
3. Client feedback form template
4. Case studies exam - to email to your students

Submission form template

You will need to complete a part of your Submission Form Template after each clinical session.

Filling in your submission form will usually take around 15 minutes.

At the end of each, you will need to email your completed submission form to your teacher.

You will receive a final assessment at the end of the course.

Client feedback form template

You will need to provide your clients with the Client Feedback Form Template.

The Feedback Form Template should be emailed to your clients.

The clients will need to complete the feedback form after each session and email it to your teacher.

Your teacher will keep these forms private, and they will form part of your final assessment.

It should be made clear to your clients that you will never see the feedback form, so they should feel free to speak openly about their experience as a counselling client with you.

You should provide your teachers email address to your clients to email their feedback form each week.

Case studies exam form

The Case Studies Exam is a separate unit but is part of the Clinical Practice Course and makes up a unit in the Masters in Holistic Counselling training course.

Your teacher will email you the exam when you have completed your clinical practice course.

You will be provided with two weeks to complete the exam, and then you will need to email the completed exam form to your teacher.

Case Study Sessions

You will need to see five volunteer clients for 45-minute-long counselling sessions, each week for 10 weeks.

Your course facilitator will provide support and guidance each week to assist you with planning and facilitating the case study sessions.

Case study sessions may be conducted in a face-to-face environment in your own home (if appropriate), at a well-being centre or other suitable venue you might hire, or via video conferencing (like zoom).

Volunteer clients will complete a review and email this to the college after each session to provide feedback on the counselling session. This document will remain private between the client and your course facilitator, and you are not permitted to ask the client to show you the feedback form or share information from the feedback form with you.

You will need to provide feedback on your submission form after each client's session and submit the submission form, containing the feedback for all your clients for that week, for assessment each week.

Your course facilitator will use the feedback you provide on the weekly submission form and the feedback provided by your clients to assess your course work each week.

The teacher will not provide weekly assessments. You will receive one over-all evaluation for this course at the end.

On completion of the Clinical Practice course, students need to complete the Case Studies Exam.



Support

Your course facilitator will assign you a partner from your student group. You should meet regularly with your study partner to support each other and provide debriefing.

If you need additional assistance, you can ask questions on your weekly submission form or email your course facilitator.

Weekly class meeting

Your course facilitator will provide you with a schedule for your class to meet each week. You will need to attend a minimum of 6 of the 10 weekly meetings.

Case Studies Exam

The Case Studies Exam is a requirement for the Masters in Holistic Counselling qualification.

You will have two weeks to complete the exam.

It is expected that each student will spend around ten hours working on the exam paper.

Please email your completed exam paper to your course facilitator.